

School Counselor Updates & Supports

School of the Arts


April 23, 2020



Education Resources:

- **RCSD Learns** - Educational resources are now available at RCSD Learns, including links to Brain Pop, Zearn and online reading. If you do not know your student ID or password, please call our support hotline at 585-262-8700.
 - <https://sites.google.com/rcsd121.org/rcsdlearns/rcsd-learns>
- **School of the Arts Learning @ Home Information for Families** -
 - https://docs.google.com/document/d/e/2PACX-1vSS_wwCvp9N3jt5ax3_TXr9RTzBY1m-mRXtT_WXkglScshFMC0Prup2Az2M-qgFZ6zl92TNnO9ZjLAPo/pub
- **Khan Academy - Online learning options**
 - SAT Preparation Classes - Students can use CollegeBoard account and District Google account to link for individualized preparation
 - <https://www.khanacademy.org/>
- **SOTA Counselor Website** - Links and information many different resources
 - <https://www.rcsdk12.org/domain/13094>
- **Online Credit Recovery (OCR)** - Take advantage of OCR courses during school closure to recover credits.

ROConnect - Video Game Systems (PS4 & Xbox One)

<ol style="list-style-type: none"> 1. Open web browser on game system 2. Go to roconnect.rcsdk12.org 3. Click "Sign in with Google" 4. Sign in with RCSD 121 email: 890____@rcsd121.org 5. Enter Password which is birth date formatted as MMDDYYYY (i.e. 08152012) 6. Next you will see a page with all the ROConnect apps that are available such as myOn, Lexia, Zearn, etc. 7. Select and click app, student will be automatically signed in 	 <p>SUGGESTION If possible, you may want to connect a keyboard (did not try)</p>
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PS4	
myON	Can read books but does not read to you
Lexia/Core 5	Doesn't work - must have a regular browser (i.e. Google, Firefox, etc.)
Raz-Kids	Can read books but does not read to you; probably limited functionality in assessment for recording
Zearn	Can watch/hear the videos and input answers
BrainPop (Jr/EI)	Can watch videos but does not read titles in Jr.
App: YouTube	Search for teacher's channel

Xbox One	
myON	Can read books <u>and</u> does read to you
Lexia/Core 5	Works (didn't do much testing)
Raz-Kids	Can read books <u>and</u> does read to you; may have functionality in assessment for recording
Zearn	Can watch/hear the videos and input answers
BrainPop (Jr/EI)	Can watch videos <u>and</u> does read titles in Jr.
App: YouTube	Search for teacher's channel

Regents Exam Update:

- The New York State Department of Education has canceled June Regents exams. If you are currently taking a course that ends in a Regents exam, you will need to earn credit for the course in order to be granted an exemption from the exam requirement. **If you have questions about how the Regents exam exemptions affect you, please contact your counselor.** Please see the links below from the NYS Department of Education for more information.
- <http://www.nysed.gov/common/nysed/files/programs/coronavirus/nysed-covid-19-memo-cancellation-june-2020-regents-exams.pdf>
- <http://www.nysed.gov/common/nysed/files/programs/coronavirus/nysed-covid-19-regents-grad-req-faq.pdf>

College/Post-Secondary Planning Supports:

Seniors

- **Friends of SOTA Scholarship** - Please check your email for updates. Application has changed to online format; deadline now May 1, 2020: <http://friendsofsota.org/scholarships/>
- **Scholarship Filing Cabinet** - Check the SOTA website for the most up to date scholarship applications. <https://www.rcsdk12.org/Page/35981>
- **Financial Aid Comparison Tool** - Link to support tool from NYS Higher Education Services Corporation to compare financial aid packages <https://www.hesc.ny.gov/prepare-for-college/applying-to-college/comparing-college-award-letters/financial-aid-comparison-tool.html>
- **Rochester Education Foundation** - Additional resources for support in college planning and financial aid <https://www.rochestereducation.org/>

Juniors

- **The College Board has canceled the June SAT. Please see the update below from the College Board.**

Students will have opportunities to take the SAT to make up for this spring's lost administrations. If it's safe from a public health standpoint, we will provide weekend SAT administrations every month through the end of the calendar year, beginning in August. This includes a new administration in September and the previously scheduled tests on August 29, October 3, November 7, and December 5.

Students will be able to register for these administrations beginning in May. We'll communicate directly with students when the exact date is available. Eligible students will be able to take the exam with a fee waiver. Students who were registered for June and those in the high school class of 2021 who do not have SAT scores will have early access to registration for the August, September, and October administrations.

- **State University of New York (SUNY) Virtual College Events-** Go to <https://www.suny.edu/attend/events/>
- **Syracuse University Virtual Events-** Go to <https://www.syracuse.edu/admissions/undergraduate/contact/webinars/>
- **Video on the college search and application process** <https://www.youtube.com/watch?v=yydL27uS2N4&feature=youtu.be>
- **Niagara University is hosting a virtual junior open house on Saturday, April 25th.** You can register at www.niagara.edu/openhouse

All Grade Levels - Please continue to work on Naviance accounts and complete assigned tasks:

<https://student.naviance.com/sotarts> - Use the "Login with Clever" box to access account and use district Google Account

Summer of Opportunity & Work Permits:

- **Summer of Opportunity (SOOP)** - Please refer directly to SOOP website for updates, changes in deadlines and options to submit documentation. - <https://www.cityofrochester.gov/soop/>
- **Work permits** - please visit the SOTA website for updated work permit instructions: www.sotarocheater.org This information has been emailed to all 9-12 grade students

Student and Family Support Information:

- **Monroe County Services:**
 - <https://www2.monroecounty.gov/mh-emergency-resources> -Please call numbers first; many services have been impacted by shutdowns related to COVID-19
 - COVID-19 Updates - <https://www2.monroecounty.gov/health-COVID-19>
 - Meal Distribution Sites - <https://www2.monroecounty.gov/youth-index.php>
- **Rochester Community Mobile Crisis Team through Strong Behavioral Health:** Call 529-3721, Comprehensive Psychiatric Emergency Program that offers on-site services for children, adolescents, and adults in Monroe County.
- **NATIONAL SUICIDE PREVENTION LIFELINE:** 1-800-273-TALK (8255)
- **Local:** 2-1-1 Crisis Live Chat ([click here](#)) 8am-11pm, 7 days a week
- **Crisis Intervention** (Thoughts of Suicide, Anxiety, Depression): Text HOME to 741741
- **The Trevor Project** (Crisis Intervention, Support for LGBTQ youth): 1-866-488-7386 or text START to 678678
- **National Drug Helpline** (Drug and Alcohol Education, Treatment, Referral): 1-844-289-0879
- **Coping with Emotional Well-Being During Covid-19**

With the adoption of social distancing and encouragement from federal, state and local governments to stay home, it's common to feel lonely or isolated. However, in today's technological society, it's easier than ever to connect with friends and family to maintain relationships virtually. Platforms like Facetime, Google Hangout and Skype are great for online interaction and activities!

During this time, it is helpful to establish a routine. Routines help us to cope with change, to form healthy habits and to reduce our stress levels. This includes meditating, stretching, working out regularly, sticking to a healthy sleep schedule and making time for activities that you enjoy.

Don't forget that your SOTA teachers, counselors, socials workers, administrators and staff are here for you and thinking of you!

Stay safe and healthy everyone!

Mrs. Gillman, The Center for Youth Prevention Counselor
arosekrans@centerforyouth.net



MONROE COUNTY DRIVE THRU FOOD DISTRIBUTIONS

Foodlink is partnering with six sites across Monroe County to distribute emergency food supply boxes in response to the COVID-19 public health crisis. These will be drive thru, no touch distributions.

PRE-REGISTRATION IS REQUIRED.

No walk-ups or unregistered individuals will be served.

ROCHESTER PUBLIC MARKET
280 Union St N – Rochester 14609
Wednesday, April 8 – 2pm to 6pm

IRONDEQUOIT DPW
2629 E. Ridge Rd, Rochester 14622
Tuesday, April 14 – 10am to 2pm

GATES TOWN HALL
1605 Buffalo Rd, Rochester 14624
Thursday, April 16 – 2pm to 6pm

BROCKPORT MIDDLE SCHOOL
40 Allen St, Brockport 14420
Friday, April 10 – 10am to 2pm

BULLS HEAD PLAZA
855 W. Main St, Rochester 14611
Wed., April 15 – 10am to 2pm

FOODLINK HEADQUARTERS
1999 Mt Read Blvd, Rochester – 14615
Saturday, April 18 – 10am to 2pm

**TO PRE-REGISTER FOR AN EMERGENCY FOOD BOX DISTRIBUTION
PLEASE CALL 2-1-1 TODAY OR TEXT 898-211 TODAY.**

First to call, first to be served.

More distributions will be scheduled in the coming weeks.

Special thanks to Monroe County, City of Rochester, Town of Irondequoit, Town of Gates, Village of Brockport, Rochester Police Department, Monroe County Sheriff's Office, United Way of Greater Rochester and 211 Lifeline.

AP Testing Updates: School of the Arts April 13, 2020

- **AP Exam Schedule**

- May 11, 2020 - May 22, 2020
- <https://apcoronavirusupdates.collegeboard.org/students/taking-ap-exams/ap-exam-schedule>
 - All exams are scheduled individually at the same start time worldwide. There are no exam conflicts and all students are expected to test during the standard testing window

- **Test Format**

- All Tests are scheduled for 45 minutes, sections may vary by subject area
- All information on test date, times, instructions and login information will be delivered directly to students through their email

- **Technology Access**
 - Please communicate any concerns with computer or wi-fi access directly to your AP teacher
 - Students will be able to use devices that they are most comfortable with on test day. Examples are Chromebooks, desktops, laptops or mobile phones
 - Students will not need to download “lockdown browser” - more details and videos for demonstration will be available to students in late April
- **Verify CollegeBoard account login and School Code**
 - Prior to test date please be sure to login to CollegeBoard account to ensure access to testing
 - Check email account linked to CollegeBoard account to ensure student is receiving communication directly from College board
 - CollegeBoard sent out email this past week to students to verify AP exam schedule
 - Verify School of the Arts School Code
 - CEEB Code: 334835
- **Seniors - College Choice**
 - Seniors must indicate AP score send by June 20,2020. Selected school will receive summary of all AP Scores
 - “My AP Profile”, “Registration”, Update current school - School of the Arts, Indicate college choice under “Score Send” tab

● SOTA Stream News - Please continue to check the SOTA Stream News for updates and to stay connected with SOTA.

● Join the SOTA Community Google Classroom page with the code: kfoad43.